## Worksheet: $\mathrm{E}_{\mathrm{k}}$ \& $\mathrm{E}_{\mathrm{p}}$

## Use the gravitational potential energy and kinetic energy formulas to solve.

1. What is the kinetic energy of a 25 kg object moving at a velocity of $5 \mathrm{~m} / \mathrm{s}$ ?
2. What is the gravitational potential energy of a 150 kg object suspended 5 m above the earth's surface?
3. What is the kinetic energy of a 25 kg object moving at a velocity of $10 \mathrm{~m} / \mathrm{s}$ ?

Name:
USE Guppies or Guess
to show your work!!
7. What is the kinetic energy of a 150gram (* convert to kg ) object moving at a velocity of $100 \mathrm{~m} / \mathrm{s}$ ?
8. An object has a kinetic energy of 96 J . Its velocity is $4 \mathrm{~m} / \mathrm{s}$. What is its mass?
9. An object with a kinetic energy of 1125 J has a mass of 250 kg . What is its velocity?
10. What is the mass of an object that is hanging 12.6 m above the surface of the earth and has a potential energy of 2778.3 J ?
11. An object has a potential energy that is 833 J . Its height above ground is 4.25 m . What is its mass?
12. An object with a kinetic energy of $16,000 \mathrm{~J}$ has a velocity of $8 \mathrm{~m} / \mathrm{s}$. What is its mass?
13. An object has a gravitational potential energy of 41772.5 J and has a mass of 1550 kg . How high is it above ground?
14. What is the kinetic energy of a 25 kg object moving at a velocity of $2.5 \mathrm{~m} / \mathrm{s}$ ?

Challenge: $A+$ level.
15. A 2.0 kg object is dropped from a height of 30 m . After it drops for 2.0 seconds, what is its kinetic energy and what is its potential energy? (Assume no air resistance.)
16. This graph shows a ball rolling from $A$ to $G$.

The ball starts at point $A$ and rolls to point $G$.

a) At what letter does the ball have the greatest kinetic energy? $\qquad$
b) Which letter shows the ball when it has the maximum potential energy? $\qquad$
c) Which letter shows the ball when it has the least potential energy? $\qquad$
d) Why is point $G$ slightly lower than point A? In other words, why couldn't the ball go back to the same height at which it started?
17. Use the diagram below to answer the next set of questions

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a) At what letter does the ball have the greatest kinetic energy? $\qquad$
b) Which letter shows the ball when it has the maximum potential energy? $\qquad$
c) Which letter shows the ball when it has the least potential energy? $\qquad$
d) What can be said about the PE and KE at positions $B$ and $D$ ? $\qquad$

